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24 Hour pH Study

Do **NOT** eat or drink for four (4) hours before your visit. The 24 hour pH test measures reflux. Your doctor may ask to have this test done while you take acid blocking medications, or may ask you to have the test done when you are NOT taking antacids. Patients are asked not to wear any facial makeup the morning of the test. If you are taking any blood thinners such as aspirin or Coumadin, please let the technician know prior to the procedure.

PLEASEN NOTIFY THE OFFICE IF YOU HAVE

A PACEMAKER OR INTERNAL DEFIBRILLATOR.

IF YOU ARE TAKING ANTIBIOTICS.

If you are taking any of these medications you should discontinue taking them for seven (7) days before thestudy.

Omeprazole ( Prilosec)

Lansoprazole (Prevacid)

Pantoprazole (Protonx)

Rabeprazole (Aciphex)

Esomeprazole (Nexium)

Dexliant (Dexlansoprazole)

If you are taking any of these medications, you should stop 3 days prior to the test.

Cimetidine (Tagamet)

Ranitidine (Zantac)

Famotidine (Pepcid)

Nizatidine (axid)

Sucralfate (Carafate)

Metoclopranmide (Reglan)

**IF YOU TAKE MAALOX ,MYLANTA, GAVISCON OR TUMS YOU SHOULD DISCONTINUE MIDNIGHT PRIOR TOTHE TEST.**

The test consists of placing a small, thin tube into esophagus. A recording device will be worn around your neck for the next twenty-four hours. You will be able to breath, swallow food and speak without any problems. During the twenty-four hour study you should adhere to your normal daily routines, Including eating meals, exercising and working.

Please keep a paper record of any symptoms. The recording device and paper record will need to be returned to the office the next day at your removal appointment.

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